

KENDALL COUNTY

OSWEGO

ST. ANNE PARISH – *Butterflies Grief Support*. Meets 4 consecutive Thurs evenings twice yearly. Call Phyllis **630-553-2029** or Carolyn **630-553-7780** for upcoming dates.

WILL COUNTY

BOLINGBROOK

ST. FRANCIS OF ASSISI, If you have lost a loved one and would like to talk to Deacon Marco & Christine Lovero, please call the parish at **630-759-7588** and leave a message for them.

L.O.S.S. –Monthly support group for survivors of suicide. Call Susan Rosenmayer at **630-759-3663** for meeting time and location.

FRANKFORT

ST ANTHONY PARISH—Bereavement Support for those grieving the loss of a loved one. Call the parish at **815-469-3750** for more information and meeting dates.

MOKENA

ST. MARY'S PARISH - 19515 S. 115th Ave. For any loss through death. Meets 1st & 3rd Thurs evening. Call Julie Kowalczyk at 708-479-1488.

JOLIET

COMPASSIONATE FRIENDS - For Parents who have lost a child. Meets 2nd Friday of each month from 7:30-9:30 p.m. at **Silver Cross Hospital** in the Polley Education Rm, lower level near cafeteria. Enter thru Main Entrance of Hospital. Call Georgia and Gary at **815-744-4171** for more information. **Nat'l. Headquarters: 630-990-0010.**

JOLIET AREA COMMUNITY HOSPICE

250 Water Stone Circle **815-740-4104** Grief support. Contact: Mary Ann Burns.

JOLIET AREA COMMUNITY HOSPICE—

Hugs and Snuggles Grief Support Group: For adults who have experienced a perinatal, infant, child or adolescent loss. First Tuesday of each month from 7-8:30 p.m. Contact: Mary Ann Burns **815-740-4104.**

SILVER CROSS HOSPITAL - PERINATAL SUPPORT GROUP Call Jackie at **Wellness Promotion 815-740-7108** or **815-740-1100.**

PROVENA ST. JOSEPH MEDICAL CENTER – **Perinatal Bereavement Support Group**—Offering emotional support for resolving grief after losing a child through miscarriage, stillbirth or early infant death. Meets 2nd Monday of the month at 7 p.m. in Meeting Room #2 on lower level. Call Pastoral Care at **815-725-7133 x3474.**

L.O.S.S. Suicide Loss Group. Meets at St Paul the Apostle Parish, 18 N Woodlawn, on the 3rd Wed of the month from 7-9 PM. Call the parish at **815-725-1527.**

PARENTS OF MURDERED CHILDREN (WILL COUNTY SURVIVORS) – Meets at Joliet Public Library, Clinton & N. Chicago Sts. Every 2nd Saturday at 11 a.m. Call Yvonne at **815-588-1341** or **630-252-2053** for more information.

LOCKPORT

ST. DENNIS - 1214 S Hamilton Street . **Rafael Bereavement Group**. For information call: Sr. Joanne Valleri, CSJ at **815-838-2592 x 110.**

CHICAGO ARCHDIOCESE

CATHOLIC CEMETERIES: Contact: Martha Tressler, the Archdiocesan Bereavement Minister, who can provide the names and locations for support groups in the Chicago Archdiocese **708-423-0471.**

L.O.S.S. Suicide Loss Group. Meets at Catholic Charities. Contact Jill Scott **312-655-7285.**

PARENTS OF MURDERED CHILDREN- Call **773-239-2899** or **773-660-9659** for more information.

BURR RIDGE

ST THOMAS HOSPICE 8230 S Madison St, 60527. Grief Support Group. Call **630-856-6990.**

EVERGREEN PARK

LITTLE COMPANY OF MARY HOSPITAL 2800 W 95th Street, Evergreen Park, **708-422-6200.** The Heart Connection: Grief Support for Children and their families. Meets in Fall/Winter—9 wk program. Call Chaplain Peg Schneider at **708-229-5484** for more information on this and other bereavement programs.

LITTLE COMPANY OF MARY HOSPITAL

Living: When A Loved One Has Died—Adult Grief Support Group. Meets in Fall/Winter—6 wk program. Call Chaplain Carol Ehlers at **708-229-5484** for more information on this and other bereavement programs.

MATTESON

L.O.S.S. Suicide Loss Group. Meets at Lawrence Manor. Contact Maureen Dunne-McGraw **815-485-0688.**

VITAS Innovative Hospice Care- Bereavement Support Groups at various locations. Contact Chaplain Ron Walker, Bereavement Services Manager at **708-283-6230** for more information.

ORLAND PARK

W.O.W. - WIDOWS OR WIDOWERS – Meets at Sacred Heart Church, 8245 W. 111th St, Palos Hills. Contact Jean Kitchen at **708-598-9916** for more information.

PARK RIDGE

RAINBOW HOSPICE & BEREAVEMENT

444 N Northwest Hwy, Suite 145, Park Ridge – Check website www.RainbowsHospice.org for upcoming meetings and programs or call **847-685-9900.**

SHARE - NATIONAL HEADQUARTERS

Offers support for Miscarriage, Stillbirth, or Neonatal death. Call **1-800-821-6819** or visit their website at www.nationalshareoffice.com/history.asp

ROCKFORD DIOCESE

FAMILY LIFE OFFICE

7708 E McGregor Road., Rockford, IL 61102 **815-965-5011.** Contact them for support groups in the Rockford area.

AURORA

SURVIVORS OF SUICIDE-Advent Christian Church 905 N Edgelawn - Meets 3rd Monday, 7:00 - 9:00 pm. Contact: Stephanie Weber - **630-897-9699.**

Support Groups can help individuals regain hope and find peace while grieving.

Experiencing the death of a loved one can be devastating. Adjusting to the loss and changes often brings feelings of anger, sadness, depression, despair, and fear.

Processing these feelings and thoughts can be critical to a healthy recovery.

Support groups are based on confidentiality, trust and safety. Individuals find that they need not be alone during this often burdensome and lonely time.

Seeking support during times of need is a sign, not of weakness, but of strength.

Revised 10/22/09

BEREAVEMENT GRIEF SUPPORT GROUPS



WITHIN THE DIOCESE OF JOLIET
and other locations

Courtesy of the Center for Family Ministry

Please call first as dates, times and locations may change

For information or to update a listing
Phone: **815-838-5334/ Fax: 815-834-4045**
Email: familyministry@dioceseofjoliet.org
www.dioceseofjoliet.org/familyministry

DIOCESAN - WIDE PROGRAMS

ELIZABETH MINISTRY - This parish based program offers emotional and spiritual support for women during the special times of motherhood, including the experience of loss during miscarriage, birth defects, neonatal, early infant and childhood death. For information, please call **815-838-5334.**

JOYFUL AGAIN! - A program for widows and widowers who want to resolve the grief they feel inside and begin to live again after the death of their spouse. For information call Charlotte Hrubes **708-354-7211.**

RAINBOWS

Support groups for children, adolescents and adults who have experienced a loss through death or divorce of someone significant in their life. The program provides professionally developed curricula to help process grief within a safe, facilitated environment. For more information or referral to a group in your area, call **815-838-5334** or **Rainbows International Headquarters** in Rolling Meadows **847-952-1770.**

DUPAGE COUNTY

ADDISON

ST PHILIP THE APOSTLE—1223 W Holtz Ave Grief Support Group. Meets in Parish Center on 1st and 3rd Thursdays 10-11:30 a.m. Contact Sr. Clarita at **630-628-0900 x 104** for more information.

BLOOMINGDALE

ST. ISIDORE - 427 W. Army Trail Road Grief Support Group, meets in the Ministry Ctr. 2nd & 4th Tuesday of the month at 7:30 p.m. Contact: Ané Berg **630-529-3045** for more information.

CAROL STREAM

CNS HOME HEALTH & HOSPICE - 690 E. North Avenue, Carol Stream. Contact: Peter Starr, Coord. of Bereavement Services, at **630-933-7888**. Please call for more information and times of various bereavement groups available.

CLARENDON HILLS

NOTRE DAME PARISH - 64 Norfolk. For individuals adjusting after the death of a loved one. Meets every Thursday morning following the 8:45 a.m. Mass. Call Barb Jarvis Pauls **630-654-3365 x 244** for information or to register.

NOTRE DAME PARISH – Bereavement Support Group. Meets on Wednesday evenings 7-9 p.m. beginning Jan. 2010 (6 sessions). Call Catherine Oswald to register **630-460-1181**.

DARIEN

OUR LADY OF MT CARMEL PARISH—Two 4-wk sessions a year, beginning in September. Call Margaret Pinas at the parish for more information **630-852-3303**.

DOWNERS GROVE

ST. MARY OF GOSTYN - 445 Prairie, 7p.m in Parish Ctr., 6 wk sessions. Bereavement Peer Support - Open to all denominations, however, not a drop-in group. Call the parish at **630-969-1063** for more information.

GLENDALE HEIGHTS

NAIM GROUP--ST. MARGARET MARY CHAPTER For The Widowed - Meets at St. Matthew Parish Center, 1555 Glen Ellyn Road, Glendale Heights **630-469-6300**. 4th Saturday 7:30 p.m. Call Anna Safko, President - **630-469-5080**.

ST. MATTHEW PARISH—1555 Glen Ellyn Rd. **Bereavement Support Group**—Support for any loss. Meets 2nd and 4th Tues at St Matthew Parish Center. Please call first for more information—Barb **630-221-1407**.

HINSDALE

HINSDALE HOSPITAL- STILL MISSED PREGNANCY LOSS SUPPORT - - 120 N Oak Street A grief support group for those who have experienced any type of pregnancy loss. Meets the 2nd Monday of each month 7:30 - 9:00 p.m. Call: **630-856-4497**.

HINSDALE HOSPITAL -SUPPORT GROUP FOR GRIEF RECOVERY- Call: Pastoral Care **630-856-3920**.

HINSDALE HOSPITAL-BEREAVEMENT SUPPORT GROUP-Meets every Monday at 9:30 a.m. and 7:00 p.m. w/ hospital chaplain. Call **630-856-6990**.

LOMBARD

“JOURNEY THROUGH GRIEF” - Sponsored by Knollcrest Funeral Home. Meets at Lombard Christian Reformed Church, corner of Meyers- Westmore and 22nd St., Lombard, on the 2nd & 4th Tuesdays of every month 7:00 - 8:30 p.m. Open to those dealing with the death of a loved one. Call: Laure Janus at: **630-932-1500**.

NAPERVILLE

JOURNEY TO WHOLENESS Grief Support Group—A grief support group for persons 18 yrs or age and older who have suffered the loss of a loved one. There is no charge or pre-registration. First time attendees are welcome to bring a friend or family member. Meets 10-11:30 a.m. and 7:30-9:30 p.m. at Edward Hospital Education Ctr., 3rd Floor. Call **630-527-5056** or go to www.edward.org under Spiritual Care.

SHARE GROUP—A support group for parents who have lost a baby through miscarriage, ectopic pregnancy, stillbirth or neonatal death. Meets at 7:15 p.m. at Edward Hospital Education Ctr., 3rd Floor. Call Brenda, Lynn or Kristin at **630-527-3263**.

ST MARGARET MARY PARISH—1450 Green Trails Dr.—Bereavement Support. Call Patti McGehee at **630-305-9038** after 6:30 p.m. for more information.

ST RAPHAEL – PARENT GRIEF GROUP Support group for parents who have lost a child of any age. Meets 2nd Wednesday of every month at 7 p.m. For more information, contact Service Ministry and Pastoral Care at **630-355-4545 ext.129 or 123**.

ST. RAPHAEL - NEW BEGINNINGS

1215 Modaff Road – Self-help group for divorced and widowed. Meets each Tuesday evening at 7:15 p.m. Contact: Cindy Soderquist **630-254-2232**, Brad Lucas **630-605-8757**, or the Service Ministry and Pastoral Care Office: **630-355-4545 x 129 or 123**.

ST. RAPHAEL – ANEW – Social group for widows and widowers. Meets 4th Friday of the month at 7:30 p.m. Call Pat Bamberger **630-858-1759** or Service Ministry and Pastoral Care office at **630-355-4545 x129 or 123**.

ROSELLE

H.A.N.D.—Loss of an infant from miscarriage, stillbirth or newborn death. Meets on the 3rd Monday of the month at Central Dupage Hospital. Contact St Walter Church at **630-582-0874**.

VILLA PARK

COMPASSIONATE FRIENDS - For Parents who have lost a child. Meets 2nd Monday, from 7:30-9:30 p.m., at **St. Alexander Parish Ctr**. Contact parish at **630-833-7730** or Mary Collins at **630-941-0726**.

SURVIVING SPOUSES – Bereavement, educational and social group for widows and widowers. Meets 2nd Sunday of month at 1 p.m. at St. Alexander Parish Ctr. and every 2nd month meets at a local restaurant. Call Pauline **630-834-9162** or Carol **630-834-8152**.

WARRENVILLE

ST. IRENE - 28 W 451 Warrenville Road For Support Group referrals, contact Deacon Joseph Urso at the parish office: **630-393-2400**.

WHEATON

PARENTS OF MURDERED CHILDREN – Support group for any family member or friend of a loved one taken away by violence. Meets 2nd Thursday of the month 6-8 pm. in the Dupage County State’s Atty office, 503 N County Farm Rd, Wheaton. Camera phones are not allowed in the building. Call Terrie at **630-407-8008** for more information.

SUICIDE SURVIVORS: Suicide loss group. Meets on the 4th Tuesday of the month from 7-9 PM at St Daniel the Prophet parish. Contact Laura Vargas at **630-682-5003**.

GRUNDY COUNTY

COAL CITY

ASSUMPTION PARISH - 245 S. Kankakee Street **815-634-4171**. Call for information on support groups in the area.

MORRIS

EMPTY ARMS—For parents who have suffered the loss of an infant through miscarriage, ectopic pregnancy, preterm, stillborn or newborn loss. Meets at the Morris Hospital Library on the 1st Wednesday of the month at 6:30 PM Contact Mary Baudino, RN, NCBF, at **815-942-2932 x 7301**. Also available for individual meeting or phone conversation.

ADULT BEREAVEMENT GROUP—2nd Tues of the month, 7-8:30, Morris Bldg & Tech Ctr. Call Joan Sereno at Grundy Co Hospice at **815-942-8525** for information.

YOUNG WIDOWS: Meets 2nd Wed of the month, 7-8:30, Morris Bldg & Tech Ctr. Call Joan Sereno at Grundy Co Hospice at **815-942-8525** for information.

KANKAKEE COUNTY

BRADLEY-HELPMATES Meeting at Bradley United Methodist Church. Call **815-939-1141** for more information.

KANKAKEE - GRIEF GROUP - Sponsored by Schreffler’s Funeral Home, **815-932-2421**. Five week Bereavement Program for anyone who has suffered any kind of loss. Usually offered twice a year in March/April and October/November. Call for specific dates/times. No fee.

KANKAKEE VALLEY OFFICES - HOSPICE **482 Main St, NW, Bourbonnais, IL 60914**. Offering support group meetings as follows:

- Adults: **Pathways Grief Support**. Tuesdays 3-4:30 p.m. and 6:30-8:30 p.m.
- Children (Ages 5-11): **Stepping Stones**. Grief support group. Saturdays 10-11:30 a.m.
- Teens (Ages 12-18): **Stepping Stones**. Grief support group. Saturdays 12:30-2 p.m.

Call Kathaleen Krueger, Bereavement Coordinator, at
815-939-4141.