

## KENDALL COUNTY

### OSWEGO

**ST. ANNE PARISH** – *Butterflies Grief Support.*  
Meets 4 consecutive Thurs evenings twice yearly.  
Call Phyllis **630-553-2029** or Carolyn **630-553-7780**  
for upcoming dates.

## WILL COUNTY

### BOLINGBROOK

**ST. FRANCIS OF ASSISI**, If you have lost a loved one and would like to talk to Deacon Marco & Christine Lovero, please call the parish at **630-759-7588** and leave a message for them.

**L.O.S.S.** –Monthly support group for survivors of suicide. Call Susan Rosenmayer at **630-759-3663** for meeting time and location.

### FRANKFORT

**ST ANTHONY PARISH**—Bereavement Support for those grieving the loss of a loved one. Call the parish at **815-469-3750** for more information and meeting dates.

### MOKENA

**ST. MARY'S PARISH** - 19515 S. 115<sup>th</sup> Ave. For any loss through death. Meets 1<sup>st</sup> & 3<sup>rd</sup> Thurs evening. Call Julie Kowalczyk at 708-479-1488.

### JOLIET

**COMPASSIONATE FRIENDS** - For Parents who have lost a child. Meets 2nd Friday of each month from 7:30-9:30 p.m. at **Silver Cross Hospital** in the Polley Education Rm, lower level near cafeteria. Enter thru Main Entrance of Hospital. Call Georgia and Gary at **815-744-4171** for more information. **Nat'l. Headquarters: 630-990-0010.**

### **JOLIET AREA COMMUNITY HOSPICE**

250 Water Stone Circle **815-740-4104** Grief support. Contact: Mary Ann Burns.

### **JOLIET AREA COMMUNITY HOSPICE—**

**Hugs and Snuggles Grief Support Group:** For adults who have experienced a perinatal, infant, child or adolescent loss. First Tuesday of each month from 7 - 8:30 p.m. Contact: Mary Ann Burns **815-740-4104.**

**SILVER CROSS HOSPITAL - PERINATAL SUPPORT GROUP** Call Jackie at **Wellness Promotion 815-740-7108** or **815-740-1100.**

**PROVENA ST.JOSEPH MEDICAL CENTER – Perinatal Bereavement Support Group**—Offering emotional support for resolving grief after losing a child through miscarriage, stillbirth or early infant death. Meets 2<sup>nd</sup> Monday of the month at 7 p.m. in Meeting Room #2 on lower level. Call Pastoral Care at **815-725-7133 x3474.**

**L.O.S.S.** Suicide Loss Group. Meets at St Paul the Apostle Parish, 18 N Woodlawn, on the 3<sup>rd</sup> Wed of the month from 7-9 PM. Call the parish at **815-725-1527.**

**PARENTS OF MURDERED CHILDREN (WILL COUNTY SURVIVORS)** – Meets at Joliet Public Library, Clinton & N. Chicago Sts. Every 2<sup>nd</sup> Saturday at 11 a.m. Call Yvonne at **815-588-1341** or **630-252-2053** for more information.

### LOCKPORT

**ST. DENNIS** - 1214 S Hamilton Street . **Rafael Bereavement Group.** For information call: Sr. Joanne Vallero, CSJ at **815-838-2592 x 110.**

## CHICAGO ARCHDIOCESE

**CATHOLIC CEMETERIES:** Contact: Martha Tressler, the Archdiocesan Bereavement Minister, who can provide the names and locations for support groups in the Chicago Archdiocese **708-423-0471.**

**L.O.S.S.** Suicide Loss Group. Meets at Catholic Charities. Contact Jill Scott **312-655-7285.**

**PARENTS OF MURDERED CHILDREN**- Call **773-239-2899** or **773-660-9659** for more information.

### BURR RIDGE

**ST THOMAS HOSPICE** 8230 S Madison St, 60527. Grief Support Group. Call **630-856-6990.**

### EVERGREEN PARK

**LITTLE COMPANY OF MARY HOSPITAL**  
2800 W 95th Street, Evergreen Park, **708-422-6200.**  
The Heart Connection: Grief Support for Children and their families. Meets in Fall/Winter—9 wk program. Call Chaplain Peg Schneider at **708-229-5484** for more information on this and other bereavement programs.

### **LITTLE COMPANY OF MARY HOSPITAL**

Living: When A Loved One Has Died—Adult Grief Support Group. Meets in Fall/Winter—6 wk program. Call Chaplain Carol Ehlers at **708-229-5484** for more information on this and other bereavement programs.

### MATTESON

**L.O.S.S.** Suicide Loss Group. Meets at Lawrence Manor. Contact Maureen Dunne-McGraw **815-485-0688.**

**VITAS Innovative Hospice Care**- Bereavement Support Groups at various locations. Contact Chaplain Ron Walker, Bereavement Services Manager at **708-283-6230** for more information.

### ORLAND PARK

**W.O.W. - WIDOWS OR WIDOWERS** – Meets at Sacred Heart Church, 8245 W. 111<sup>th</sup> St, Palos Hills. Contact Jean Kitchen at **708-598-9916** for more information.

### PARK RIDGE

#### **RAINBOW HOSPICE & BEREAVEMENT**

444 N Northwest Hwy, Suite 145, Park Ridge – Check website [www.RainbowsHospice.org](http://www.RainbowsHospice.org) for upcoming meetings and programs or call **847-685-9900.**

### **SHARE - NATIONAL HEADQUARTERS**

Offers support for Miscarriage, Stillbirth, or Neonatal death. Call **1-800-821-6819** or visit their website at [www.nationalshareoffice.com/history.asp](http://www.nationalshareoffice.com/history.asp)

## ROCKFORD DIOCESE

### **FAMILY LIFE OFFICE**

7708 E McGregor Road., Rockford, IL 61102  
**815-965-5011.** Contact them for support groups in the Rockford area.

### AURORA

**SURVIVORS OF SUICIDE**-Advent Christian Church  
905 N Edgelawn - Meets 3rd Monday, 7:00 - 9:00 pm.  
Contact: Stephanie Weber - **630-897-9699.**

**Support Groups** can help individuals regain hope and find peace while grieving.

*Experiencing the death of a loved one can be devastating. Adjusting to the loss and changes often brings feelings of anger, sadness, depression, despair, and fear.*

*Processing these feelings and thoughts can be critical to a healthy recovery.*

*Support groups are based on confidentiality, trust and safety. Individuals find that they need not be alone during this often burdensome and lonely time.*

*Seeking support during times of need is a sign, not of weakness, but of strength.*

Revised 7.12.10

# BEREAVEMENT GRIEF SUPPORT GROUPS



WITHIN THE DIOCESE OF JOLIET  
and other locations

Courtesy of the Center for Family Ministry

*Please call first as dates, times and locations may change*

*For information or to update a listing*  
Phone: **815-838-5334/ Fax: 815-834-4045**  
Email: [familyministry@dioceseofjoliet.org](mailto:familyministry@dioceseofjoliet.org)  
[www.dioceseofjoliet.org/familyministry](http://www.dioceseofjoliet.org/familyministry)

## DIOCESAN - WIDE PROGRAMS

**ELIZABETH MINISTRY** - This parish based program offers emotional and spiritual support for women during the special times of motherhood, including the experience of loss during miscarriage, birth defects, neonatal, early infant and childhood death. For information, please call **815-838-5334.**

**JOYFUL AGAIN!** - A program for widows and widowers who want to resolve the grief they feel inside and begin to live again after the death of their spouse. For information call Charlotte Hrubes **708-354-7211.**

### **RAINBOWS**

Support groups for children, adolescents and adults who have experienced a loss through death or divorce of someone significant in their life. The program provides professionally developed curricula to help process grief within a safe, facilitated environment. For more information or referral to a group in your area, call **815-838-5334** or **Rainbows International Headquarters** in Rolling Meadows **847-952-1770.**

## DUPAGE COUNTY

### ADDISON

**ST PHILIP THE APOSTLE**—1223 W Holtz Ave Grief Support Group. Meets in Parish Center on 1<sup>st</sup> and 3<sup>rd</sup> Thursdays 10-11:30 a.m. Contact Sr. Clarita at **630-628-0900 x 104** for more information.

### BLOOMINGDALE

**ST. ISIDORE** - 427 W. Army Trail Road Grief Support Group, meets in the Ministry Ctr. 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month at 7:30 p.m. Contact: Ané Berg **630-529-3045** for more information.

### CAROL STREAM

**CNS HOME HEALTH & HOSPICE** - 690 E. North Avenue, Carol Stream. Contact: Peter Starr, Coord. of Bereavement Services, at **630-933-7888**. Please call for more information and times of various bereavement groups available.

### CLARENDON HILLS

**NOTRE DAME PARISH – Bereavement Support Group**. Meets on Wednesday evenings 7-9 p.m. Call Catherine Oswald for more information or to register **630-460-1181**.

### DARIEN

**OUR LADY OF MT CARMEL PARISH**—Two 4-wk sessions a year, beginning in September. Call Margaret Pinas at the parish for more information **630-852-3303**.

### DOWNERS GROVE

**ST. MARY OF GOSTYN** - 445 Prairie, 7p.m in Parish Ctr., 6 wk sessions. Bereavement Peer Support - Open to all denominations, however, not a drop-in group. Call the parish at **630-969-1063** for more information.

### ELMHURST

**IMMACULATE CONCEPTION** – “Cup of Hope” Support group for those grieving the loss of a loved one. Meets the first Tuesday of the month at 10 a.m. in the parish admin ctr/rectory at 134 Arthur St. Contact Loretta **630-834-8664** for information.

## GLENDALE HEIGHTS

**NAIM GROUP--ST. MARGARET MARY CHAPTER For The Widowed** - Meets at St. Matthew Parish Center, 1555 Glen Ellyn Road, Glendale Heights **630-469-6300**. 4th Saturday 7:30 p.m. Call Anna Safko, President - **630-469-5080**.

**ST. MATTHEW PARISH**-1555 Glen Ellyn Rd. **Bereavement Support Group**—Support for any loss. Meets 2<sup>nd</sup> and 4<sup>th</sup> Tues at St Matthew Parish Center. Please call first for more information—Barb **630-221-1407**.

### HINSDALE

**HINSDALE HOSPITAL- STILL MISSED PREGNANCY LOSS SUPPORT** - - 120 N Oak Street A grief support group for those who have experienced any type of pregnancy loss. Meets the 2nd Monday of each month 7:30 - 9:00 p.m. Call: **630-856-4497**.

**HINSDALE HOSPITAL- SUPPORT GROUP FOR GRIEF RECOVERY**- Call: Pastoral Care **630-856-3920**.

**HINSDALE HOSPITAL-BEREAVEMENT SUPPORT GROUP**-Meets every Monday at 9:30 a.m. and 7:00 p.m. w/ hospital chaplain. Call **630-856-6990**.

### NAPERVILLE

**JOURNEY TO WHOLENESS Grief Support Group**—A grief support group for persons 18 yrs or age and older who have suffered the loss of a loved one. There is no charge or pre-registration. First time attendees are welcome to bring a friend or family member. Meets 10-11:30 a.m. and 7:30-9:30 p.m. at Edward Hospital Education Ctr., 3<sup>rd</sup> Floor. Call **630-527-5056** or go to [www.edward.org](http://www.edward.org) under Spiritual Care.

**SHARE GROUP**—A support group for parents who have lost a baby through miscarriage, ectopic pregnancy, stillbirth or neonatal death. Meets at 7:15 p.m. at Edward Hospital Education Ctr., 3<sup>rd</sup> Floor. Call Brenda, Lynn or Kristin at **630-527-3263**.

**ST MARGARET MARY PARISH**—1450 Green Trails Dr.—Bereavement Support. Call Patti Mcgehee at **630-305-9038** after 6:30 p.m. for more information.

**ST RAPHAEL – PARENT GRIEF GROUP** Support group for parents who have lost a child of any age. Meets 2<sup>nd</sup> Wednesday of every month at 7 p.m. For more information, contact Service Ministry and Pastoral Care at **630-355-4545 ext.129 or 123**.

## ST. RAPHAEL - NEW BEGINNINGS

1215 Modaff Road – Self-help group for divorced and widowed. Meets each Tuesday evening at 7:15 p.m. Contact: Cindy Soderquist **630-254-2232**, Brad Lucas **630-605-8757**, or the Service Ministry and Pastoral Care Office: **630-355-4545 x 129 or 123**.

**ST. RAPHAEL – ANEW**— Social group for widows and widowers. Meets 4<sup>th</sup> Friday of the month at 7:30 p.m. Call Pat Bamberger **630-858-1759** or Service Ministry and Pastoral Care office at **630-355-4545 x129 or 123**.

### ROSELLE

**H.A.N.D.**—Loss of an infant from miscarriage, stillbirth or newborn death. Meets on the 3<sup>rd</sup> Monday of the month at Central Dupage Hospital. Contact St Walter Church at **630-582-0874**.

### VILLA PARK

**COMPASSIONATE FRIENDS** - For Parents who have lost a child. Meets 2nd Monday, from 7:30-9:30 p.m., at **St. Alexander Parish Ctr**. Contact parish at **630-833-7730** or Mary Collins at **630-941-0726**.

**SURVIVING SPOUSES** – Bereavement, educational and social group for widows and widowers. Meets 2nd Sunday of month at 1 p.m. at St. Alexander Parish Ctr. and every 2<sup>nd</sup> month meets at a local restaurant. Call Pauline **630-834-9162** or Carol **630-834-8152**.

### WARRENVILLE

**ST. IRENE** - 28 W 451 Warrenville Road For Support Group referrals, contact Deacon Joseph Urso at the parish office: **630-393-2400**.

### WHEATON

**PARENTS OF MURDERED CHILDREN** – Support group for any family member or friend of a loved one taken away by violence. Meets 2<sup>nd</sup> Thursday of the month 6-8 pm. in the Dupage County State's Atty office, 503 N County Farm Rd, Wheaton. Camera phones are not allowed in the building. Call Terrie at **630-407-8008** for more information.  
**SUICIDE SURVIVORS**: Suicide loss group. Meets on the 4<sup>th</sup> Tuesday of the month from 7-9 PM at St Daniel the Prophet parish. Contact Laura Vargas at **630-682-5003**.

## GRUNDY COUNTY

### COAL CITY

**ASSUMPTION PARISH** - 245 S. Kankakee Street **815-634-4171**. Call for information on support groups in the area.

### MORRIS

**EMPTY ARMS**—For parents who have suffered the loss of an infant through miscarriage, ectopic pregnancy, preterm, stillborn or newborn loss. Meets at the Morris Hospital Library on the 1<sup>st</sup> Wednesday of the month at 6:30 PM Contact Mary Baudino, RN, NCBF, at **815-942-2932 x 7301**. Also available for individual meeting or phone conversation.

**ADULT BEREAVEMENT GROUP**—2<sup>nd</sup> Tues of the month, 7-8:30, Morris Bldg & Tech Ctr. Call Joan Sereno at Grundy Co Hospice at **815-942-8525** for information.

**YOUNG WIDOWS**: Meets 2<sup>nd</sup> Wed of the month, 7-8:30, Morris Bldg & Tech Ctr. Call Joan Sereno at Grundy Co Hospice at **815-942-8525** for information.

## KANKAKEE COUNTY

**BRADLEY-HELPMATES** Meeting at Bradley United Methodist Church. Call **815-939-1141** for more information.

**KANKAKEE - GRIEF GROUP** - Sponsored by Schreffler's Funeral Home, **815-932-2421**. Five week Bereavement Program for anyone who has suffered any kind of loss. Usually offered twice a year in March/April and October/November. Call for specific dates/times. No fee.

**HOSPICE OF KANKAKEE VALLEY**  
**482 Main St, NW, Bourbonnais, IL 60914**.  
Offering support group meetings as follows:

- Adults: **Pathways Grief Support:** Tuesdays 3-4:30 p.m. and 6:30-8:00 p.m.
- Children: By appointment
- Individual, Family or Group child appointments available.

Call Hospice of Kankakee for information at **815-939-4141**.