

## OTHER LOCATIONS

### ORLAND PARK

HELPMATES - Christ Lutheran, 14700 S. 94<sup>th</sup> Avenue,  
708-349-0431. Meets every Thursday 7:00 p.m.

### CHICAGO

FAMILY MINISTRIES – 3525 S Lake Park Ave 60653  
Phone: 312-534-8351. Contact Elsie Radtke,  
Coordinator of Divorce & Annulment Support Ministry.

### ROCKFORD

FAMILY LIFE OFFICE – 555 Colman Center Dr, 61125.  
Lorrie & Don Gramer, Directors at 815-399-4300.

## ADDITIONAL PROGRAMS

CDM – “CATHOLIC DIVORCE MINISTRY”--annual  
conference at Notre Dame University, South Bend, IN.  
Call Sheila O'Donnell, Region VII Representative, at  
630-268-9621.

CENTER FOR FAMILY MINISTRY, DIOCESE OF  
JOLIET – Annual 1-day conference for divorced and  
widowed in the spring. St. Charles Pastoral Center.  
Call Desirée Marciani, Associate Director 815-838-5334.

RAINBOWS - Support groups for children, adolescents  
& adults who have experienced a loss of someone  
significant in their life. The program provides  
professionally developed curricula to help process grief  
within a safe, facilitated environment. For information or  
referral to a group in your area, contact The Center for  
Family Ministry at 815-838-5334 or RAINBOWS  
International Headquarters in Itasca at 847-952-1770 or  
800-266-3206/ Fax 847-952-1774.

### Comments From Participants

▷ “Just talking about my issues, and listening to  
others share has helped me know that there is a  
light at the end of the tunnel.” *Ann*

▷ “Support groups have helped me to re- appraise  
my life, make unimaginable great friendships, and  
also have helped me stay close to God.” *Jim*

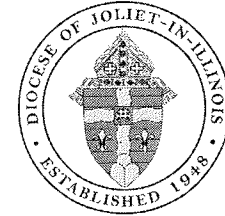
“*Support Groups* can help individuals regain hope  
and find peace during painful family transitions.”

The experience of divorce or separation can be  
devastating. Adjusting to the loss and changes  
often brings feelings of anger, sadness, depression,  
despair, and fear. Processing these feelings and  
thoughts can be critical to a healthy recovery.

Support groups are based on confidentiality, trust,  
and safety. They provide a place to gain emotional,  
spiritual and social nurturing while developing or  
enhancing positive coping skills. Individuals find  
that they need not be alone during this often  
burdensome and lonely time.

Seeking support during times of need is a sign, not  
of weakness, but of strength.

# DIVORCE SUPPORT GROUPS



WITHIN THE  
DIOCESE OF JOLIET  
and other locations

Courtesy of  
The Center For Family Ministry

*Please call first as dates, times  
and locations may change.*

For information or to update a  
listing, call 815-838-5334,  
fax 815-834-4045, or email:  
[familyministry@dioceseofjoliet.org](mailto:familyministry@dioceseofjoliet.org)

[www.dioceseofjoliet.org/familyministry](http://www.dioceseofjoliet.org/familyministry)

## DUPAGE COUNTY

### ADDISON

**ST. PHILIP THE APOSTLE PARISH** – 1223 W Holtz Ave. "Divorce & Beyond" Contact Sr. Clarita 630-628-0900 x 104.

### BLOOMINGDALE

**ST ISIDORE PARISH**- Contact Ané Berg at the parish at 630-529-3045 for information and resources.

### DOWNERS GROVE

**GOOD SAMARITAN HOSPITAL** - 3815 Highland Ave. RAINBOWS "PRISM" GROUP For Single Parents - Peer Support Program developed from the RAINBOWS for children concepts. Call Anita Berry - 630-964-6049.

### GLENDALE HEIGHTS

**ST MATTHEW PARISH** – "Divorce & Beyond" –A peer support group for those who are divorced and those in the process of divorcing. Meets on Thurs evenings at 7:15 p.m. For information or to register, call Deacon Bob & Alma Malek at 630-469-6300 x 315.

### NAPERVILLE

**ST. RAPHAEL RAINBOWS** - Peer support group is for children in grades K-8 who have experienced a deep personal loss, usually the loss of a parent through separation, divorce, or death. Groups meet 9 wks in the fall and 8 wks in winter on Thursdays 6:15-7:15 p.m. Call Service Ministry and Pastoral Care Office - 630-355-4545 x 129 or 123.

**ST. RAPHAEL** - *New Beginnings*: 1215 Modaff Road – Self-help group for divorced and widowed. Meets each Tuesday evening at 7:15 p.m. Contact: Charlene Cantor at 630-961-3634 or the Service Ministry and Pastoral Care Office: 630-355-4545 x 129 or 123.

**HOLY SPIRIT CATHOLIC COMMUNITY**—*Stephen Ministry*: One-on-one confidential care for persons struggling through a difficult time. Please contact Parish Nurse Kathy Ford at 630-922-0081 x 28 or email her at [kford@holyspiritnaperville.org](mailto:kford@holyspiritnaperville.org) for more information about this ministry.

**ST. ELIZABETH SETON PARISH** – "Divorce & Beyond" Beginning Thursday, Sept. 9, 2010 7-9 p.m. Contact Ray Wyzguski at 815-407-1569.

**ST. JOHN'S EPISCOPAL CHURCH** – *Divorce Care*: A 13-week program, meets Thursday evenings from 7 p.m. – 9 p.m. Call Donna Herzog 630-544-6587.

### WARRENVILLE

**ST. IRENE PARISH** – *Divorce & Beyond*. Contact Beverly or Deacon Bill Murphy at 630-969-3743 for information on meeting times and dates.

### WESTMONT

**HOLY TRINITY PARISH** – *Divorce & Beyond*. Contact Rick & Marie Hejnal 630-515-1535 for information on meeting times and dates.

## KANKAKEE COUNTY

**HELPMATES**: Meeting at Bradley United Methodist Church 815-939-1141. Monday evenings 7:00 p.m.

## KENDALL COUNTY

### OSWEGO

**ST. ANNE PARISH** – "Divorce & Beyond". Meets only in the Fall. Call Sr. Margaret Anne Spagnola at 630-554-3331 for more information on meeting dates.

## YORKVILLE

**CROSS LUTHERAN CHURCH** - HELPMATES - For Separated/Divorced - Meets every Thursday at 7:15 p.m. at Cross Lutheran Church. Call Pastor Brian Troug 630-553-7335.

## WILL COUNTY

**WILL COUNTY CRISIS LINE** 815-722-3344

### JOLIET

**FAMILY COUNSELING AGENCY** - 62 W. Washington Street, 815-741-0846.

### LOCKPORT

**ST DENNIS** – "Divorce Care & Beyond" – A divorce peer support group for those who are divorced or in the process of divorce. For information, call Deacon Rob Weierman at 815-838-2592 x 111.

### NEW LENOX

**NEW LIFE CHURCH** – Divorce Care. For information call Tom Peters or Sandy Farina at 815-462-0202 or email at [far60451@hotmail.com](mailto:far60451@hotmail.com).

### PLAINFIELD

**ST MARY IMMACULATE PARISH** – *Divorce & Beyond*. Call Eve at the parish at 815-436-2651 x 846 for meeting information.

### SHOREWOOD

**HOLY FAMILY PARISH** – "Divorce & Beyond" Contact Deacon Fred Straub at the parish at 815-725-6880 for more information and meeting times.