

DUPAGE COUNTY

DUPAGE COUNTY DEPARTMENT OF HUMAN PSYCHOLOGICAL SERVICES

421 County Farm Road, Wheaton, 60187
Divorce Education - "Caring, Coping & Children"
Designed to help families going through divorce. The program is dedicated to helping both parents and their children in adjusting and coping with the emotional impact of divorce. Call William Smith **630-682-7324**.

ADDISON

ST. PHILIP THE APOSTLE PARISH – 1223 W Holtz Ave. "Divorce & Beyond" Contact Sr. Clarita **630-628-0900 x 104**.

BLOOMINGDALE

ST ISIDORE PARISH - "Divorce & Beyond" Contact Ané Berg at the parish at **630-529-3045** for information on meeting times and dates.

DOWNERS GROVE

GOOD SAMARITAN HOSPITAL - 3815 Highland Ave. RAINBOWS "PRISM" GROUP For Single Parents - Peer Support Program developed from the RAINBOWS for children concepts. Call Anita Berry - **630-964-6049**.

GLEN ELLYN

ST PETRONILLE PARISH – Divorce Support Group. Meets in accordance with Rainbows program (support group for children). Call Adele Lessmeister for dates and times **630-469-0412**.

YMCA - 739 Roosevelt, Glen Ellyn
DIVORCE ADJUSTMENT GROUP - Women only - Mon. 7:15 p.m. Call Susan Steller **630-790-6600**.

GLENDALE HEIGHTS

ST MATTHEW PARISH – "Divorce & Beyond" – A 10 wk divorce peer support group for those who are divorced and those in the process of divorcing. Meets on Thurs evenings at 7:30 p.m. For information or to register, call Bob & Alma Malek at **630-295-8063**.

NAPERVILLE

ST. RAPHAEL RAINBOWS - Peer support group is for children in grades K-8 who have experienced a deep personal loss, usually the loss of a parent through separation, divorce, or death. Groups meet 9 wks in the fall and 8 wks in winter on Thursdays 6:15-7:15 p.m. Call Service Ministry and Pastoral Care Office - **630-355-4545 x 129 or 123**.

ST. RAPHAEL - *New Beginnings*: Self-help group for divorced and widowed. Meets each Tuesday evening at 7:15 p.m. Call Cindy Soderquist **630-254-2232**, Brad Lucas **630-605-8757** or Service Ministry and Pastoral Care Office **630-355-4545 x 129 or 123**.

ST. ELIZABETH SETON PARISH – "Divorce & Beyond" Contact Ray Wyzguski at **815-407-1569** for information on meeting times and dates.

ST. JOHN'S EPISCOPAL CHURCH – *Divorce Care*: A 13-week program, meets Thursday evenings from 7 p.m. – 9 p.m. Call Donna Herzog **630-544-6587**.

WESTMONT

HOLY TRINITY PARISH – *Divorce & Beyond*. Contact Rick & Marie Hejnal **630-515-1535** for information on meeting times and dates.

GRUNDY COUNTY

MORRIS

IMMACULATE CONCEPTION PARISH – For Divorce Support, call Deacon Dennis & Pat Kobs at **815-942-6506**.

KANKAKEE COUNTY

HELPMATES: Meeting at Bradley United Methodist Church **815-939-1141**. Monday evenings 7:00 p.m.

KENDALL COUNTY

OSWEGO

ST. ANNE PARISH – "Divorce & Beyond". Meets only in the Fall. Call Sr. Margaret Anne Spagnola at **630-554-3331** for more information on meeting dates.

YORKVILLE

CROSS LUTHERAN CHURCH - HELPMATES - For Separated/Divorced - Meets every Thursday at 7:15 p.m. at Cross Lutheran Church. Call Pastor Brian Troug **630-553-7335**.

WILL COUNTY

WILL COUNTY CRISIS LINE **815-722-3344**

FRANKFORT

ST ANTHONY PARISH – "Divorce & Beyond" Divorce Support. Contact the parish at **815-469-3750** for more information and meeting dates.

JOLIET

FAMILY COUNSELING AGENCY - 62 W. Washington Street, **815-741-0846**.

LOCKPORT

ST DENNIS – "Divorce Care & Beyond" – A divorce peer support group for those who are divorced or in the process of divorce. For information, call Deacon Rob Weierman at **815-838-2592 x 111**.

NEW LENOX

NEW LIFE CHURCH – Divorce Care. For information call Tom Peters or Sandy Farina at 815-462-0202 or email at far60451@hotmail.com.

PLAINFIELD

ST MARY IMMACULATE PARISH – Divorce & Beyond. Call Kathy Yonker **815-483-3639** for information.

SHOREWOOD

HOLY FAMILY PARISH – “Divorce & Beyond” Contact Deacon Fred Straub at the parish at **815-725-6880** for more information and meeting times.

STEGER

ST. LIBORIUS PARISH – **New Beginnings**. Divorce Support Group. Meeting in the Fall 2008 on Tuesday at 7 p.m. at the DeMuth Center, 3427 Green St. For more information, call Jim & Carol Betourney **708-672-9312**.

OTHER LOCATIONS

ORLAND PARK

HELPMATES - Christ Lutheran, 14700 S. 94th Avenue, **708-349-0431**. Meets every Thursday 7:00 p.m.

CROSSROADS of St Michael Parish. Divorce Support. Meets at St Michael School on the 2nd and 4th Wednesdays at 7 p.m. Call Jean Parr at **708-361-4535** for more information.

CHICAGO

FAMILY MINISTRIES - 155 E Superior, Chicago 60611-2931. Phone: **312-751-8351**. Elsie Radtke, Coordinator of Divorce Ministry Support Groups.

ROCKFORD

FAMILY LIFE OFFICE - 7708 E. McGregor Road, Rockford, IL 61102 - **815-965-5011**

ADDITIONAL PROGRAMS

CDM – “**CATHOLIC DIVORCE MINISTRY**”--annual conference at Notre Dame University, South Bend, IN. Call Sheila O'Donnell, Region VII Representative, at **630-268-9621**.

CENTER FOR FAMILY MINISTRY, DIOCESE OF JOLIET – Annual 1-day conference for divorced and widowed in the spring. St. Charles Pastoral Center. Call Desirée Marciani, Associate Director **815-838-5334**.

RAINBOWS - Support groups for children, adolescents & adults who have experienced a loss of someone significant in their life. The program provides professionally developed curricula to help process grief within a safe, facilitated environment. For information or referral to a group in your area, contact The Center for Family Ministry **815-838-5334** or **RAINBOWS** International Headquarters in Rolling Meadows **847-952-1770** or **800-266-3206/ Fax 847-952-1774**.

Comments From Participants

▷ “Just talking about my issues, and listening to others share has helped me know that there is a light at the end of the tunnel.” *Ann*

▷ “Support groups have helped me to re- appraise my life, make unimaginable great friendships, and also have helped me stay close to God.” *Jim*

“Support Groups can help individuals regain hope and find peace during painful family transitions.”

The experience of divorce or separation can be devastating. Adjusting to the loss and changes often brings feelings of anger, sadness, depression, despair, and fear. Processing these feelings and thoughts can be critical to a healthy recovery.

Support groups are based on confidentiality, trust, and safety. They provide a place to gain emotional, spiritual and social nurturing while developing or enhancing positive coping skills. Individuals find that they need not be alone during this often burdensome and lonely time.

Seeking support during times of need is a sign, not of weakness, but of strength.

DIVORCE SUPPORT GROUPS



WITHIN THE
DIOCESE OF JOLIET
and other locations

Courtesy of
The Center For Family Ministry

*Please call first as dates, times
and locations may change.*

For information or to update a
listing, call 815-838-5334,
fax 815-834-4045, or email:
familyministry@dioceseofjoliet.org

www.dioceseofjoliet.org/familyministry