



Diocese of Joliet

Safe Environment for Children Touching Safety Instruction

Grades K-5 Safety N.E.T. Kids: No Easy Targets

WELCOME: Today we are going to watch a fun video to help you know what to do to stay out of unsafe situations We in your school/religious education program and parish care about you and want you to be safe. God wants you to be safe, too, so before we begin, let's pray for God to be with us today.

OPENING PRAYER:

Have someone read aloud from a Bible: 1 Corinthians 3:16-17

Let us pray...(short silence)

God, we know that we are precious in your eyes.

Be with us today--

Open our ears to hear what you wish us to know

Open our eyes to see what you wish to show us

Open our hearts to your love and the love of our parish (school) community.

Help us always to look out not only for our own safety,
but for the safety of others, too.

We ask this through Jesus Christ our Lord, Amen.

Our video today was made by a karate instructor, but it goes beyond self-defense. Watch now, as the kids of Olson's Masters Club Demo Team show us how to recognize and avoid situations that could harm us.

AFTER THE VIDEO:

Wow! Those kids sure were good, weren't they? Did you like when they showed you the wrong way but then the right way to act in a dangerous situation? So, let's review:

- What should you do if a stranger approaches you and asks for help?
- What should you do if an adult you don't know tries to grab you?
- Did you see near the end the picture on the blackboard of the boy swimming suit and the girl swimming suit? What did that mean?

You know, there are many ways we can be touched that are safe and good – like hugs from friends or family, or the touch of a doctor or nurse to keep us healthy. Then, there are touches that are unsafe or confusing. These include touches on a person's private body parts. These are the parts covered by your bathing suit.

If someone tries to touch you in an unsafe or unwanted way:

- Say "no" or words that mean "no."
- Yell, kick, make a scene.

- Walk or run away.
- Don't keep secrets about touching.
- Always tell about a touching problem even if it has gone on for a long time.
- Keep telling until someone believes you.
- Who are some people you might tell? Can you name them?

AFTER DISCUSSION:

Thank you for talking about this today. Let's thank God for helping us learn to stay safe.

Dear God, You care about us so much that you send us people to help us.
Keep us safe in all we do and protect us and the people we love from harm.
We ask this through your Son, Jesus Christ, Amen.