



**NEWMAN INSTITUTE**  
**KNOWING, LOVING AND**  
**SHARING THE FAITH**

**The Creed: The Profession of Faith**  
**Session 1: I Believe in God the Father**

TIME	ACTIVITY	GOAL	CONTENT
5 min.	Introduction	Preview the session themes: Revelation, Trinity, Creation, and the Fall	Question of the session: Who is God the Father, and how do I experience God's Fatherly love?
<b>5 min.</b>	Opening Prayer	Watch a video recitation of the Apostles Creed, and pray the Nicene	Video of the Apostles' Creed, and then group recitation of the Nicene Creed, finishing with a "Glory be"...
15 min.	Partner Activity	Compare Apostles' Creed and Nicene Creed, and connect with individual faith journeys	*Discuss similarities and differences in the "God the Father" sections of the Apostles' and Nicene Creeds *Select a word or phrase that most interests you at this point of your faith journey
20 min.	<u>Talk #1:</u> I Believe in God, the Father Almighty	Discuss God's self-revelation, the mystery of the Blessed Trinity, and Fatherhood of God	PowerPoint slides and video meditation on the "Our Father": On Earth as it is in Heaven
20 min.	Standing Activity	Review passages from the two Creation accounts	Assign each group one Scripture passage (Gen 1:26-31 or Gen 2:4-7 or Gen 2:18-25) What does the passage reveal about both God and the human person?
<b>25 min.</b>	<u>Talk #2:</u> Creation, Man and the Fall	Discuss the doctrine of Creation in a scientific age, as well as the reality of Original Sin and implications for the human person	Talk with powerpoint slides, plus video on The Mystery and the Mathematical Marvel of Creation (9 min.)
15 min.	Small Group Activity	Review and discuss key terms and concepts	Partners use large paper and markers to describe and represent an assigned term.
10 min.	Review & Follow-up	*Reflect on the opening question, Who is God the Father, and how do I experience God's Fatherly love?  *Identify areas for future consideration and follow-up	*Return to the opening question and main themes of the session *Final quick write: what was a helpful insight you'll take away, or something you'll want to pursue further? *Preview recommended follow-up: read US/CCA, ch. 5 & 6 "I Believe in God" and "Man and Woman in the Beginning."
<b>5 min.</b>	Closing Prayer	Model prayer in song, and review the "Act of Faith"	Pray the "Act of Faith"; Sing "Holy God, We Praise Thy Name"