



NEWMAN INSTITUTE
 KNOWING, LOVING AND
 SHARING THE FAITH

The Creed: The Profession of Faith
Session 2: I Believe in Jesus Christ

| TIME | ACTIVITY | GOAL | CONTENT |
|---------|--|---|--|
| 5 min. | Introduction | Preview the session themes: Incarnation, & Paschal Mystery; identity & mission | Question of the session: Who is Jesus Christ, and how do I know him today? |
| 10 min. | Opening Prayer | Model meditative prayer of the heart, centered on the holy Name of Jesus; Review how (and why!) to pray a decade of the Holy Rosary. | The "Jesus Prayer" and the First Joyful Mystery--The Annunciation |
| 15 min. | <u>Paired Activity:</u> Creed Connections | Compare Apostles' Creed and Nicene Creed, and connect with individual faith journeys | *Discuss similarities and differences in the two Creeds, and discuss how it relates to who Jesus is for you *Share responses with whole group |
| 20 min. | <u>Talk #1:</u> Incarnation & Identity | Discuss the mystery of the Incarnation ordered to the Paschal Mystery; the relationship between teachings on Jesus and teachings on Mary | *Review the great "both/and" of the Incarnation, as well as false understandings of Jesus; show Fr. Barron clip on "Who do you say I am?" |
| 20 min. | <u>Standing Activity</u> Luminous Passages | Luminous Mysteries of the Rosary Activity concerning Jesus' public ministry | *Review and discuss key details on the below Scripture verses. How would you explain it to someone how doesn't know the story of salvation? How is it related to the Incarnation? |
| 20 min | <u>Talk #2</u> Paschal Mystery and Mission | Reflect on the question of evil and suffering, as well as the passion, death and Resurrection of Jesus | *Connect Jesus and our life *Show video of Jesus Christ, You are My Life *Reflect on the Four Last Things |
| 15 min. | <u>Small Group Activity:</u> Billboards or Mind-Mapping | Billboard or mind mapping | Create a "Billboard" or mind map in miniature for one of the concepts; use a sign or symbol, create a slogan or motto |
| 10 min. | Review & Follow-up | *Reflect on the opening question, "Who is Jesus Christ, and how can we know Him today?" *Identify areas for future consideration and follow-up | *Return to the opening question and main themes of the session *Final quick write: what was a helpful insight you'll take away, or something you'll want to pursue further? * Preview recommended follow-up: complete online evaluation; read US/CCA, Ch. 7, and post responses to discussion questions from pg. 85. |
| 5 min. | Closing Prayer | Review the Act of Hope | The "Act of Hope" |