



NEWMAN INSTITUTE
KNOWING, LOVING AND
SHARING THE FAITH

The Creed: The Profession of Faith
Session 3: I Believe in the Holy Spirit

TIME	ACTIVITY	GOAL	CONTENT
5 min.	Introduction	Preview the session themes: the Church, the Communion of saints	Question of the session: Who is the Holy Spirit, and how do I experience the Spirit in my daily life?
10 min.	Opening Prayer	Model using song as prayer	Sing "Come Holy Ghost,"
15 min.	<u>Partner Activity:</u> Experiencing the Spirit	Discuss some personal experiences of the Holy Spirit	With a partner have the participant discuss: When have you experience the Holy Spirit? What symbol of the Holy Spirit speaks to you? Do you most relate to? What are some of the signs of the Holy Spirit at work today?
20 min.	<u>Talk #1:</u> The Holy Spirit	Discuss the Holy Spirit, Lord and Giver of Life	"I believe in One, Holy, Catholic, and Apostolic Church"; show Fr. Barron on Symbols of the Holy Spirit
20 min.	<u>Standing Activity:</u> Creed Comparison	Compare Apostles' and Nicene Creed, and connect with individual faith journeys	* Discuss similarities and differences in the two Creeds, and discuss how it relates to who the Holy Spirit is for you *Share responses with whole group
20 min	<u>Talk #2:</u> The Church, the Saints, and the Mother of God	Discuss the Church – 4 Marks, the Communion of Saints, and Mary Mother of God	Church's mission; show video on Everyday saints
15 min.	<u>Small Group Activity:</u> Marian Images	Images of Mary: Who is she for you? (For Jesus and for the Church?)	*Review images of Our Lady and select one that speaks to who Mary is for you at this point *Share thoughts about your relationship with Mary...
10 min.	Review & Follow-up	*Reflect on the opening question, "Who is the Holy Spirit, and how do I experience the Spirit in my daily life?" *Identify areas for future consideration and follow-up	*Return to the opening question and main themes of the session *Final quick write: what was a helpful insight you'll take away, or something you'll want to pursue further? * Preview recommended follow-up: read US/CCA, Ch. 9, and post responses to discussion questions from pg. 108.
5 min.	Closing Prayer:	Shared video and vocal prayer	Watch the Prayer to the Holy Spirit, and Pray the Act of Charity