



NEWMAN INSTITUTE

KNOWING, LOVING AND SHARING THE FAITH

Life in Christ: Christian Morality

Session 1: The Vocation of the Human Person—Life in the Spirit

TIME	ACTIVITY	GOAL	CONTENT
5 min.	Introduction	Preview the session themes: Dignity of the human person, Beatitude, the human community	Question of the session: How do I respond to the call to holiness in my daily life?
10 min.	Opening Prayer	Introduce an Ignatian-style meditation on the Scriptures	The Beatitudes (Mt 5:1-11)
15 min.	Partner Activity	Discussion with a neighbor	*What does the "call to holiness" mean to you? *In what ways do you find the Beatitudes inspiring and/or challenging?
20 min.	Theme #1: The Dignity of the Human Person	Explore the key themes from the CCC on human dignity including: creation in the image of God, the call to beatitude, proper use of human freedom and a life of virtue.	*Talk w/powerpoint slides *Video clip: Fr. Barron, HUNGRY FOR GOD
20 min.	Standing Activity: Beatitude Attitude	Select a Beatitudes and work with a team to develop a plan to promote it.	Develop a strategy for promoting one of the Beatitudes: use slogans, mottos, related themes, and symbols...
20 min	Theme #2: The Human Community	Examine the CCC's teachings on the call to transform society with the light of the Gospel and on the principles of Catholic social teaching	*Talk w/powerpoint slides *Video clip: Skit Guys, Mourning Booth
15 min.	Small Group Activity	Applying principles of Catholic Morality	Partners discuss the principles of Catholic social teaching in relation to a contemporary justice issue.
10 min.	Review	How do I respond to the call to holiness in my daily life?	*Return to the opening question and main themes of the session *Preview recommended follow-up: read US/CCA, ch. 23 & 24.
5 min.	Closing Prayer	Prayer to St. Francis	* Listen to the song/meditation, and then recite the prayer all together