



# NEWMAN INSTITUTE

## KNOWING, LOVING AND SHARING THE FAITH

### The Sacraments: The Celebration of the Christian Mystery

#### Session 3: The Sacraments of Healing

| TIME    | ACTIVITY   | GOAL  | CONTENT   |
|---------|--|---|---|
| 5 min.  | Introduction   | Preview the session themes: Reconciliation, redemptive suffering, the priesthood of Christ, God's plan for marriage | Question of the session:<br>How does God respond to human suffering in the Sacraments of Reconciliation and Anointing of the Sick?                          |
| 10 min. | Opening Prayer   | Model and review key elements of Reconciliation   | Guided examination of conscience, and the <i>Confiteor</i>  |
| 15 min. | <u>Partner Activity:</u><br>Pair-Share                           | Discuss the importance of Reconciliation  | How do you see healing in the Sacrament of Reconciliation? What role has Reconciliation played in your faith journey? How would you explain Reconciliation? |
| 25 min. | <u>Theme #1:</u><br>Reconciliation                               | Discuss the importance of forgiveness, key elements of the Sacrament, and the mystery of redemptive suffering       | PowerPoint slides and video:<br>Welcome Home: About Confession  |
| 20 min. | <u>Standing Activity:</u><br>"Improv" skits on Reconciliation    | Address questions or issues people may have with Reconciliation   | Act out a scenario where people role-play responding to concerns about the Sacrament of Reconciliation.   |
| 15 min. | Theme #2:<br>Forgiveness and Anointing of the Sick               | Review the Christian call to forgive and the basic teachings about Anointing the Sick                               | PowerPoint slides and video:<br>Sacraments 101: Anointing of the Sick   |
| 15 min. | <u>Small Group Activity:</u><br>The Mystery of Suffering & Death | *Discuss a Christian view of suffering and death, and how it contrasts to that of contemporary culture.             | Brainstorm examples of people who have approached their suffering in a Christian way.   |
| 10 min. | Review &<br>Follow-up  | *Identify areas for future consideration and follow-up  | *Return to the opening question and main themes of the session<br>*Preview recommended follow-up: read US/CCA, ch. 18-19, on Reconciliation and Anointing   |
| 5 min.  | Closing Prayer   | Prayers taken from the Rite of the Anointing of the Sick and petition of the Hail Mary                              | Start out with a prayer from the Anointing of the Sick Rite, and end with a Hail Mary   |