

# Praying With Your Five Fingers

The next finger is the index finger. Pray for those who teach you, instruct you, and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

2.

The third finger is the tallest one. It reminds us of our leaders, those in government, and those who have authority. They need God's guidance.

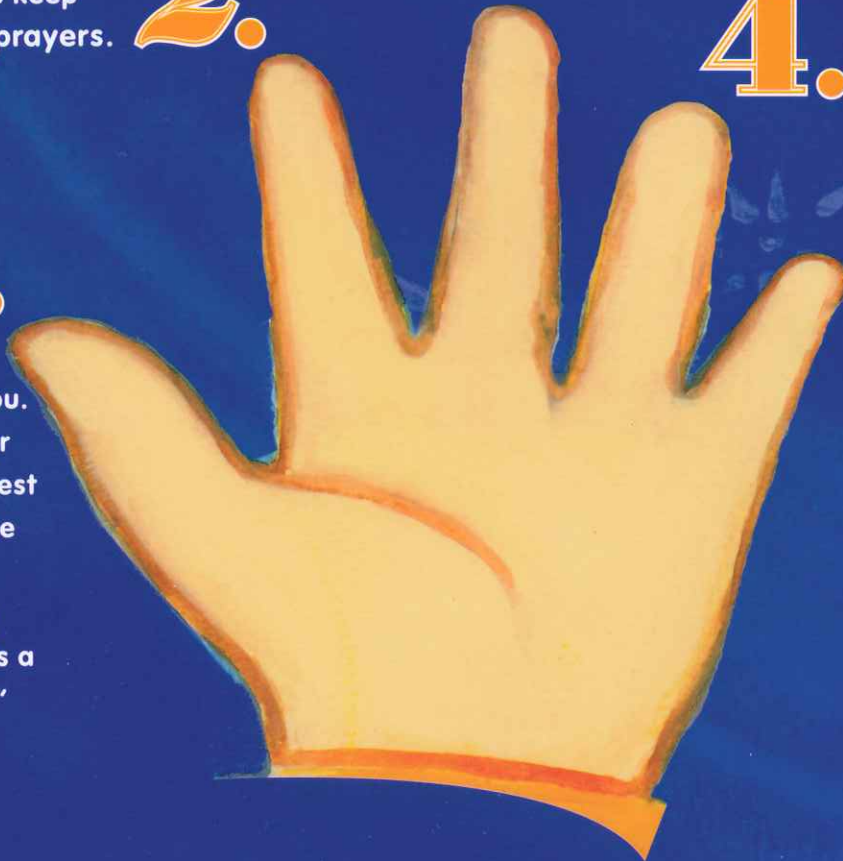
3.

The fourth finger is the ring finger. It may surprise you to know that it is our weakest finger. It should remind us to pray for the weakest, the sick, or those plagued by problems. They need your prayers.

4.

1.

The thumb is the closest finger to you. So start praying for those who are closest to you. They are the people easiest to remember. To pray for our dear ones is a "sweet obligation."



5.

And finally we have our smallest finger, the littlest of all. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs but in the proper perspective, and also you will be able to pray for your own needs in a better way.

This creative form of prayer has been around for a long time, and is often credited, especially today, to Pope Francis when he was the Archbishop of Argentina. Perhaps it even existed prior to Pope Francis. Either way, it is a powerful way to pray—and to teach our children to pray—that the Holy Father has often utilized in his ministry.—THE PUBLISHER

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