

INTO THE Heart



Into the Heart: A Journey Through the Theology of the Body

Based on John Paul II's revolutionary teaching and presented by world-renowned speaker and best-selling author Christopher West, this 16-Part DVD-based study will move you deeper into the profound message of the Theology of the Body, enabling you to integrate it fully into every aspect of your life!

In this study, West will guide you on a life-changing journey, as you begin to move the profound teaching from your head to your heart. Take the *Into the Heart* journey and you'll learn what saints and mystics alike have always known: a life of ecstasy and deep union with God is not only possible – it's what you were created for and a lot closer than you think!

In this 16-part DVD study, you will learn:

- How to enter into a deep and intimate relationship with God
- The profound meaning and mystery of your body
- How to live a truly happy and fulfilled life
- The authentic purpose of marriage and how to "take it to the next level"
- How to sing the *Song of Songs* like the saints and mystics
...and much more.

DVD-BASED STUDY

DATES, TIMES, LOCATION

COST/REGISTRATION

FOR MORE INFORMATION