



# YEAR OF THE EUCHARIST

## Family Activities: Blessed Miguel Pro

### With Younger Children:

Download the paper doll patterns at <http://paperdali.blogspot.com/2009/09/blessed-miguel-pro.html>. The paper doll comes complete with various priestly garb and items Father Pro wore to disguise himself. Tell children the story, or read the child-friendly biography to them, giving them the chance to ask questions.

Download this cartoon strip to read aloud and discuss after dinner:

<http://puffin.creighton.edu/jesuit/pro/images/blessedmiguelprocartoon.jpg>

Visit the Kids Page on the Blessed Miguel Pro website at :

[http://puffin.creighton.edu/jesuit/pro/pro\\_kids.html](http://puffin.creighton.edu/jesuit/pro/pro_kids.html)

### With Older Children:

Read and discuss the child-friendly biography. Then, watch together the video at

<http://www.youtube.com/watch?v=kWQjsvLBwnk>

Afterward, discuss how much Blessed Miguel loved the sacraments and what it would take to be able to sacrifice so much for our faith if called upon to do so.

Pray together and discuss the meaning of the Prayer of Miguel Pro – then pray it together again after the discussion:

*"Does our life become from day to day more painful, more oppressive, more filled with afflictions? Blessed be He a thousand times who desires it so. If life be harder, love makes it also stronger, and only this love, grounded on suffering, can carry the Cross of my Lord Jesus Christ. Love without egotism, without relying on self, but enkindling in the depth of the heart an ardent thirst to love and suffer for all those around us: a thirst that neither misfortune nor contempt can extinguish... I believe, O Lord; but strengthen my faith... Heart of Jesus, I love You; but increase my love. Heart of Jesus, I trust in You; but give greater vigor to my confidence. Heart of Jesus, I give my heart to You; but so enclose it in You that it may never be separated from You. Heart of Jesus, I am all Yours; but take care of my promise so that I may be able to put it in practice even unto the complete sacrifice of my life. Amen"*