



YEAR OF THE EUCHARIST

Family Activities: St. John Neumann

ALL LEVELS

Visit <http://www.therealpresence.org/> for resources.

Watch together and discuss one of the short videos of his life at either <http://www.youtube.com/watch?v=JtYAxllhYco> or <http://www.youtube.com/watch?v=jnS105UJ1Fw>

Explain that John Neumann introduced “40 Hours Devotion” to America. Explain that 40 Hours Devotion is when people take turns spending 40 hours visiting Jesus in the Eucharist. Review or introduce the idea of Adoration. Ask them, if they could visit with Jesus for one hour, what would they say? Have them write to Jesus. When you go to church, bring them to the tabernacle for a few minutes and let them bring their thoughts to Jesus.

Practice your own “mini” 40 Hours Devotion. On a Saturday or Sunday you spend at home, have each member of the family take turns (for an hour or just 5 minutes!) spending time in prayer in the home. Maybe this will be your family’s “3 Hour Devotion.” Have a special place with a picture of Jesus, or a crucifix. As a family, think of a particular intention and ask St. John Neumann for his intercession.