



# YEAR OF THE EUCHARIST

## Family Activities: St. Katherine Drexel

### ALL LEVELS

Visit <http://www.therealpresence.org/> for resources.

Using the child-friendly biography, read or tell the story of St. Katherine. Explain that Katherine spent much of her life with Jesus in Adoration. Explain what that means. Have them color a picture of a monstrance. Take the children to an Adoration chapel or church with adoration. Introduce or review the word Monstrance. Show them the Monstrance and point to the consecrated host. Bring each child to the monstrance and have them say a short hello to Jesus. Teach them about genuflecting when we enter and leave.

Watch the simple video about St. Katherine at

<http://www.schooltube.com/video/977794c73c0f4eee8d8f/St-Katharine-Drexel>

Have a family conversation about the reverence Katherine had and the reverence we are to give to Jesus in the Eucharist in Adoration. Remind the children that we believe Jesus remains present in the Eucharist after Mass, and that we often spend time with Jesus in Adoration. Review what a monstrance is. Bring the children to Adoration and have them each write a prayer to Jesus as they spend quiet time in adoration.

View video on adoration at <http://www.catholic.org/video/?v=671>

Make a commitment to go to adoration as a family for 15 minutes a week (or more!).

Have the children (if they are old enough) research the nearest Adoration chapel, its hours, and location. As a family, discuss what intention you might pray for each week while at Adoration.