



# NEWMAN INSTITUTE

## KNOWING, LOVING AND SHARING THE FAITH

### The Sacraments: The Celebration of the Christian Mystery Session 1: The Sacramental Economy

TIME	ACTIVITY	GOAL	CONTENT
10 min.	Introduction	Preview session themes: Sacrifice of the Cross; the Paschal Mystery; sacramental "economy"; work of the Trinity	Question of the session: What do the Liturgy and the Sacraments have to do with my life--and with the mission of the Church?
5 min.	Opening Prayer	Introduce scriptural meditation as a form of prayer; link to the Paschal Mystery & the centrality of Eucharist	Meditation on "The Road to Emmaus" (Lk 24:13-35)
15 min.	Partner Activity	Pair-share; practice active listening and report to the whole group	Discuss the role Sacraments have played in your own spiritual growth, and what difference liturgy makes in your life today.
20 min.	<u>Theme #1:</u> "The Liturgy—Work of the Holy Trinity"	Discuss the nature of the Liturgy and give an overview	PowerPoint slides and video: Bringing Christ to the Streets
20 min.	Standing Activity	Discuss strategies for reclaiming Sunday and for appreciating the centrality of the Eucharist for Catholics	*Develop a list of bullet points or "talking points" for evangelizing *Role play questions/objections and responses
20 min	<u>Theme #2:</u> "The Sacraments-- Celebrating the Paschal Mystery"	Discuss the sanctifying work of Christ in the Sacraments, and the centrality of the Eucharist	PowerPoint slides and video: The Skit Guys on Grace
15 min.	Small Group Activity	Seven Stations for Seven Sacraments	Create a "Billboard" in miniature for your Sacrament: Use a sign or symbol, create a slogan or motto...
10 min.	Review & Follow-up	*Reflect on the opening question *Identify areas for future consideration and follow-up	*Return to the opening question and main themes of the session *Preview recommended follow-up: read US/CCA, ch. 14 "The Celebration of the Paschal Mystery of Christ"
5 min.	Closing Prayer	Reflect on Video	Watch video 'Everyday God'