

*Advent Afternoon of Reflection
for Parish Leaders:*

Making Room for GOD in the Busyness

December 6, 2018
12:45-3 pm
Blanchette Catholic Center
16555 Weber Rd, Crest Hill



Becky Eldredge

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Do you ever look up from your busy life and realize you haven't spent much time with God lately? It's so easy to get caught up in all the things we need to do—for our families, our jobs and our community. But we were created to be human beings in the image of God. If we don't keep in touch with our relationship with God, we risk becoming "human doings!"

Come and be inspired to take time to look for God—and learn what you can share with those you minister with in your parish.

Popular author and speaker Becky Eldredge will help us to

- ◆ **Acknowledge the Busyness & Restlessness** by taking a look at the reality of what we are facing. She will also point out some key trends since 2007 that are impacting our lives, especially as parents.
- ◆ **Encounter God in the Busyness** by offering practical tools for how we can notice God's encounter in the busyness. This will include two prayer methods.
- ◆ **Make Room for God in the Busyness** by looking at how we are called to make room for God and how we bring God into the world through the calls of our lives.

Admission to this event is free, optional lunch available.
See reverse for more information.

Becky Eldredge is an Ignatian-Trained Spiritual Director, Retreat Facilitator and Writer.

The author of *Busy Lives and Restless Souls* (available from Loyola Press), Becky has led retreats for various parishes, dioceses, schools, campus ministries, and individuals for over 20 years accompanying thousands of busy people through experiences that deepen their faith, help prevent burnout and find the rest and peace their souls long. She is passionate about teaching people practical tools that help people grow their relationship with God within the reality of life. Becky has the knowledge and experience to lead people on a faith journey that transforms the heart and renews the mind.

Becky shares life with her husband of fifteen years, Chris, and their children, Brady, Abby, and Mary.

Please RSVP by December 3rd — or register online: <https://conta.cc/2Qorb6L>

Send to Karen Wojnarowski, 16555 Weber Road, Crest Hill, IL 60403
FAX: 815-838-2182 or kwojnarowski@dioceseofjoliet.org

PARISH _____ CITY _____

NAME(S) _____ Lunch? Y/N _____

_____ Lunch? Y/N _____

_____ Lunch? Y/N _____

_____ Lunch? Y/N _____

Admission to event is FREE
Lunch available for \$10

Number of (optional) Lunches Ordered _____ (\$10 per person)
Gluten-free lunch(es) requested (number) _____

This event is open to Parish Leaders and Catechists/Volunteers.

PLEASE DO NOT INVITE THE GENERAL PUBLIC

(Advanced parish catechists or other approved parish volunteers should register through their parish director of faith formation.)

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of Christian Formation